



MARCH | 2018

International Academy of Flint 9th – 12th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken nuggets Corn Dinner roll Applesauce Choice of milk	2 Half Day
5 Popcorn chicken Mixed vegetables Cinnamon bar Pears Choice of milk	6 Salisbury steak Mashed potatoes Green beans Applesauce WW dinner roll Choice of milk	7 BBQ chicken legs Baked beans Fresh fruit Banana bread Choice of milk	8 Lasagna with meat sauce Corn Garlic bread Fresh fruit Choice of milk	9 Pepperoni pizza Romaine lettuce Carrots & tomatoes Pineapples Ranch Goldfish Choice of milk
12 Burritos Mexican rice Peaches Salsa Choice of milk	13 Chicken & waffles Fresh fruit Juice Choice of milk	14 Ravioli Green beans Garlic bread Pears Choice of milk	15 Chili Corn Goldfish crackers Fresh fruit Choice of milk	16 Pepperoni pizza Romaine lettuce Carrots & tomatoes Pineapples Ranch Apple bar Choice of milk
19 Beef hot dogs WW bun Curly fries Mixed fruit Choice of milk	20 Mac & cheese Broccoli WW dinner roll Pears Choice of milk	21 Chicken nuggets Baked beans Apple bar Fresh fruit Choice of milk	22 Nacho meat & cheese WW tortilla chips Black beans Fresh fruit Choice of milk	23 Pepperoni pizza Romaine lettuce Carrots & tomatoes Pineapples Ranch Goldfish Choice of milk
26 Bosco bread Mixed vegetables Cheese sticks Pears Choice of milk	27 Chicken stir fry Stir fry vegetables Rice Fresh fruit Choice of milk	28 Meatball sub WW bun Chips Fresh fruit Choice of milk	29 Pepperoni pizza Romaine lettuce Carrots & tomatoes Pineapples Goldfish Choice of milk	30 NO School

News

2nd choice for the month of March
Will be mini corn dogs.

Breakfast served daily from

7:00am – 7:15am

Cereal choices
Lucky charms
Cinnamon toast crunch
Honey cheerios
Golden grahams
Trix

Choice of bars
Apple bar
Chocolate bar
Goldfish
Lemon crunch bar

4oz. of fruit served daily

4oz of juice served daily
Orange, apple and grape

Menu is subject to change without
notice.

Any questions please contact
Roseann Jones 810-600-5226